Carencia
Mental Healthcare

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Medication Consent

In addition to our focus on lifestyle, behavioral, and perspective changes, Carencia also uses medication to address the biological aspects of health and wellness. The following information is important to review for awareness of our policies that are most relevant to this service.

Education

If we prescribe medications, we will review the risks, benefits, and alternatives, which are not always medications, at the time of your visit. We encourage you to ask questions and educate yourself, so you feel confident in the decision you make. In addition to our discussion, we encourage you to use your pharmacist as a resource to evaluate potential drug interactions with other prescriptions you might be taking. You will be provided a handout by the pharmacy and the drug manufacturer that you may review. Lastly, MedLine Plus is an online resource we recommend to use if you have any questions/concerns about your medications.

Refill Request

Refills are best addressed at the time of the visit; however, this is not always possible. You must understand that refill requests are your responsibility. If you are in need of a refill outside of the office visit, the requests should be submitted to via the Patient Assistance Form (PAF) using assistance.carencia.com. We typically respond to these requests within 24 hours. We will not respond to a pharmacy's request for refills due to inaccurate or inappropriate requests.

If you were unable to attend your most recent visit or had a late cancellation, we will call in a one-time, 30-day supply of that medication with no refills at your request. You will need to follow up with us for an appointment for any further refills.

We will not provide any refills for controlled substances outside of the appointment.

Controlled Substances Monitoring/Adherence

If you are prescribed a controlled substance, drug testing is the standard of practice and mandatory. Drug testing is performed at random, routinely, or due to suspicion. We use point-of-care (POC) urine drug screenings for visit decisions and send off the specimen for confirmation as the standard of practice. There may be additional fees that you, the patient, may be responsible for unrelated to Carencia and are based on lab fees/insurance coverage.

Prior Authorization Request

If the medication we prescribe results in the insurance company/pharmacy stating you need a "prior authorization" to be completed, please inform your pharmacy that we are more than happy to complete all prior authorization requests through the online service CoverMyMeds.

On-Site Medication Delivery and Storage

There are some medications that require shipment directly to the practice to store until administration
It is Federal regulation that the patient signs this Power of Attorney acknowledging the consent to the following: a pharmacy may deliver medications, including controlled substances, to a Carencia clinical location. You are allowing Carencia to hold and store patient-specific medications on site.

Forfeiture of On-Site Medications

If you decline the administration of a Carencia stored medication, or are no longer taking a stored medication from Carencia, (including not making appointments), any shipments to the Carencia office or remaining doeses on hand will be deemed as samples for potential patients 45 days after the medication was received by the office.