

Medication Consent

In addition to our focus on lifestyle, behavioral, and perspective changes, Carencia also uses medication to address the biological aspects of health and wellness. The following information is important to review to be aware of our policies most relevant to this service.

Education

If we prescribe medications, we will review the risks, benefits, and alternatives, which are not always medications, at the time of your visit. We encourage you to ask questions and educate yourself, so you feel confident in the decision you make. In addition to our discussion, we encourage you to use your pharmacist as a resource to evaluate potential drug interactions with other prescriptions you might be taking. You will be provided a handout by the pharmacy and the drug manufacturer that you may review. Lastly, MedLine Plus is an online resource we recommend you use if you have any questions/concerns about your medications.

Refill Request

Refills are best addressed at the time of the visit; however, this is not always possible. You must understand that refill requests are your responsibility. If you are in need of a refill outside of the office visit, the requests need to be submitted to us via email or your OnPatient patient portal. We will not respond to a pharmacy's request for refills due to many irrelevant or inappropriate requests.

If you were unable to attend your most recent visit or had a late cancellation, we will call in a one-time, 30-day supply of that medication with no refills at your request. You will need to follow up with us for an appointment for any further refills.

We will not provide any refills for controlled substances outside of the appointment.

Controlled Substances Monitoring/Adherence

If you are prescribed a controlled substance, drug testing is the standard of practice and mandatory. Drug testing is performed at random, routinely, or due to suspicion. We use point-of-care (POC) urine drug screenings for visit decisions and always send off the specimen for confirmation as the standard of practice. There may be additional fees that you, the patient, may be responsible for unrelated to Carencia and are based on lab fees/insurance coverage.

Prior Authorization Requests

If the medication we prescribe results in the insurance company/pharmacy stating you need a "prior authorization" to be completed, please inform your insurance pharmacy that we are more than happy to complete all prior authorization requests through the online service CoverMyMeds.